



Just Graduated...

Now What?



Alumni checklist

- Check **when** your student resident expires and if you qualify for a 9-month job search permit
- Make sure your health insurance is sorted
- Update your address at the Ministry of Interior (if you move out of your student accommodation)
- Save digital copies of your diploma and key documents
- Update your CV and ask a friend, lecturer, or career advisor for honest feedback
- Refresh your LinkedIn profile with your latest education, experience, and a professional photo



Your next step

-  Choose your path: stay in Czechia, go home, or explore somewhere new
 -  Explore jobs, internships, traineeships or volunteering opportunities
 -  Set yourself one realistic goal for the next month
 -  Make a shortlist of organisations or companies you actually like
 -  Sign up for job alerts in your field
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Your network

- Message one professor, classmate, alum or former colleague
- Join an alumni group or professional community
- Attend one career event, meeetup or workshop
- Ask someone for a quick coffee chat or an informational interview
- Let people know you are looking for your next step

Money & real life

- Work out how long your savings will last
- Make a simple monthly budget
- Check what a realistic starting salary lookslike
- Cancel subscriptions or student discounts you no longer use



Skills & confidence

-  Practice introducing yourself professionally in 30 seconds
-  Improve one useful skill: Czech, writing, Excel, interviews, presentations
-  Make the most out of available career guidance
-  Remind yourself that most graduates do not feel 100% ready
-  Start small and remember that rejection is normal - you are not failing

Life beyond the checklist

-  Celebrate graduating properly
 -  Create a weekly routine that feels manageable
 -  Keep one hobby that has nothing to do with career goals
 -  Explore your city a bit more before rushing into the next thing
 -  Give yourself permission to not have everything figured out yet
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Tiny wins

- ☐ Clean up your laptop desktop
- ☐ Rename your thesis file to something normal
- ☐ Get one decent photo of yourself
- ☐ Reply to that email you have been ignoring
- ☐ Write down one thing you are proud of from your student years

This week's win:

Right now I feel:

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|----------------------------------|---|
| ☐ Excited | ☐ Motivated |
| ☐ Lost | ☐ Confident |
| ☐ Tired | ☐ All of the above |